



### HOW TO FIND YOUR GROIN GUARD SIZE

SIZE	INCHES		CM	
	A	B	A	B
<b>S</b>	25,9 - 27,9	10,7	66-71	27,18
<b>M</b>	29,9 - 31,8	10,7	76-81	27,18
<b>L</b>	33,8 - 35,8	11,05	86-91	28,10
<b>XL</b>	< 37,8	11,05	> 96	28,10

Sizes are for guidance only.

Please seek professional advice regarding the right size for you.



There might be variance of 0,5 cm in every measurement.

Size can vary from height recommendations above depending on body build and shape.