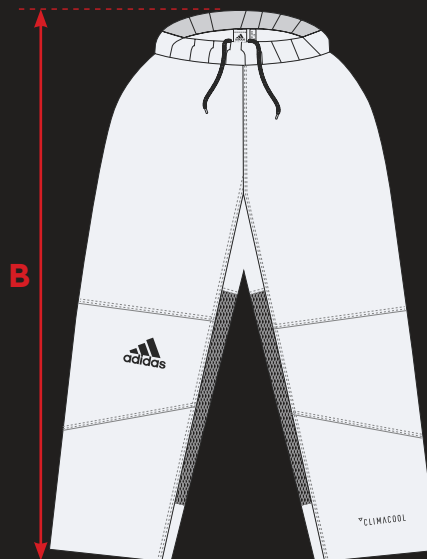


# DOBOK

## SIZE CHART



### HOW TO FIND YOUR DOBOK

HEIGHT	100	110	120	130	140	150	160	170	180	190	200	210	220
A	50	53,5	56,5	61	65	69	74	79	83	87	91	96	99
B	70	74	78	82	86	90	96	102	106	110	114	118	122

Sizes are for guidance only. - Please seek professional advice regarding the right size for you.

#### CHOOSING THE RIGHT SIZE:

- Check the size of your dobok while checking both your size and weight category.
- Make sure that the dobok corresponds to the tournament regulations.
- We suggest to choose 1 size bigger than your height in order to be more comfortable.  
e.g. If your height is 180 cm, then choose 190cm.

#### MAINTENANCE:

- Machine wash is recommended with a maximum temperature of 30°C.
- Do not use chlorine or any strong detergent, that could damage the dobok.
- Let the dobok dry at room temperatures. Avoid any source of heat or exposure to extreme temperature.